# HOW TO DE-ESCALATE CONFLICT AT WORK

BROUGHT TO YOU BY:



#### **GUEST SPEAKER**



Dave George, Operations Leader

- ✓ Prevention
- ✓ Disarming

## **Conflict Resolution**

**Real Life Lessons** 

Dave George

M.A. Leadership & Management

Operations, Continuous Improvement, and Engagement Leader

#### Conflict Resolution – The Need

Conflict is everywhere

Huge need for leaders skilled at resolving conflicts

Good news

#### Is Conflict Inherently Negative?

Reframe conflict

No conflict = artificial harmony

#### **Conflict Story #1**

- Kaizen Events major changes to work area
- Kaizen event ground rules



- Psychological Safety
- Everyone's Voice Counts
- Respect the Past while Creating the Future
- No Silent Disagreement
- Positive Conflict
- Experiment / Fail Fast



#### **Lesson #1 - Prevention**

- Conflict prevention means setting clear expectations with your team that THEY agree to ahead of time.
- You hold up the mirror
- Their behavior vs. their agreed upon expectations
- NOT you vs. them
- Separate the person from the problem (Fisher & Ury)

### Conflict Story #2

Phone use in a work area



# Lesson #2 – Disarm with Empathy & Understanding

- Approach situation with curiosity
- Listen gather facts, look to uncover deep root causes
- Possible creative ideas?
- End on a positive note

#### Keys:

- Go right at it, don't waste a second
- Your mindset going into it.
  - Humility What do you own as a leader that may have contributed?
  - Learning Opportunity their perspective, new ideas to try
  - = Respect for people

"It's amazing how conflict tends to dissolve when you really listen to people"

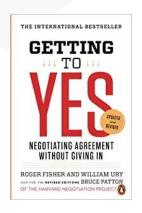
#### References

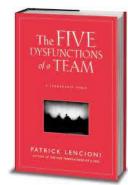
"Getting to Yes" – Fisher and Ury

"5 Dysfunctions of a Team" – Patrick Lincioni

TWI Job Relations

- Performance Influencers Worksheet
  - (email me if you want)







### Thank You for Listening

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